

# Anniversary of the United Nations (UN) Declaration on the Rights of Indigenous Peoples

## 13 September

### Background:

The United Nations Declaration on the Rights of Indigenous Peoples was adopted on Thursday, 13 September 2007.

It comprehensively outlined the rights of Indigenous peoples and set a universal framework of minimum standards to ensure their survival, dignity, and well-being worldwide.

Indigenous peoples — including Aboriginal and Torres Strait Islander peoples — actively contributed to the development of the Declaration, ensuring their voices and perspectives were at its core.

For more information visit: [Anniversary of the UN Declaration on the Rights of Indigenous Peoples](#)

### Physical Activity: Digeridoo dance

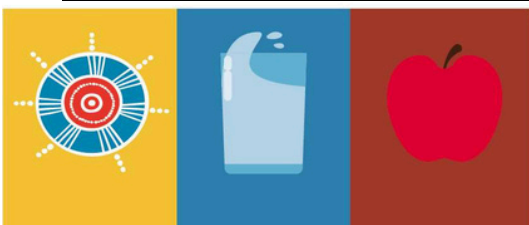
Get your children up and moving with this Didgeridoo Dance from Play School and learn how to move like Maliyan, the wedge-tail eagle:  
[Didgeridoo Dance - Play School At Home](#)



To extend the fun, why not explore animals that are local to your region? Encourage children to create their own dance moves to represent how these animals move, sound, or behave. It's a great way to combine physical activity with creativity and cultural learning!

### Healthy Eating: Yarning circle

Join Kendi and Kim from Deadly Kindies in reading '[Let's Learn About Bush Tucker](#)' then sit in a circle to create a yarning circle. Discuss the different foods you have learnt about. What colour is each food? What do you think it tastes like? Is it mushy or crunchy? Would you like to taste the food? What are some of the bush tucker foods native to your region?



Worimi artist, Lara Went  
"The heart of a child"

**Good for kids**  
Good for life

