

A whole of service approach



Taking a whole of service approach ensures that **staff, educators, families and the broader community** work together to support healthy eating.

Here are some ideas to encourage a **whole of service approach**.



Networking

- Encourage educators and cooks to work collaboratively towards the healthy eating goals of your service.
- Support educators and cooks to engage with the Munch & Move team to learn more about healthy eating.



Relationships

- For a coordinated approach to healthy eating, encourage positive relationships between staff and families.
- Support your cook to engage children in fun, collaborative cooking experiences.



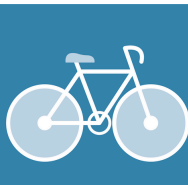
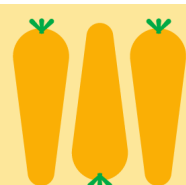
Community

- Connect with families and local community to build gardens, worm farms and composting at your service.
- Connect with local Aboriginal people and communities to create a bush tucker garden.
- Cook the food produce with children at your service or share with your community.



Orientation

- Communicate regularly with families and staff about the philosophy of your service regarding food and nutrition.
- Discuss the role of your service in supporting healthy child eating at orientation, in service newsletters or social media communication and during staff meetings.



'The heart of a child'
by Worimi Artist
Lara Went

Good for kids
Good for life

