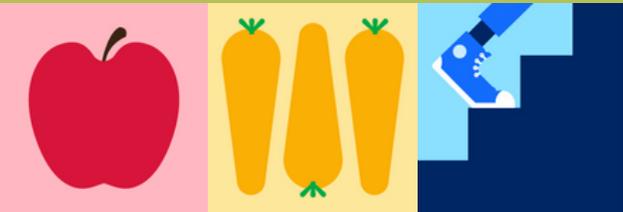


Where do I come from?

Plants & animals



'The heart of a child'
by Worimi Artist
Lara Went

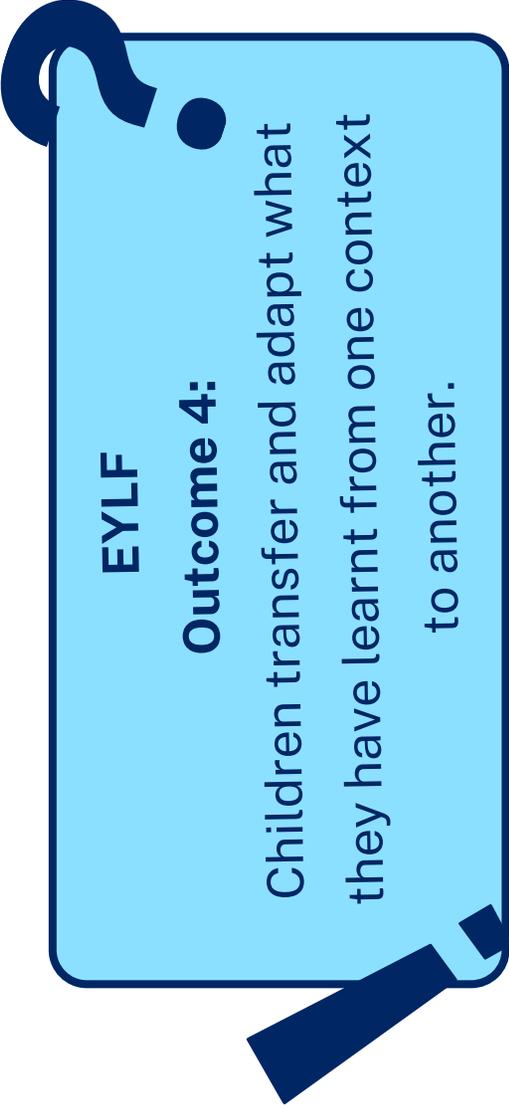
Good for kids
Good for life



About these cards:

Munch & Move recommends learning activities that support healthy eating are programmed twice per week. These activities are important as they expose children to new and unfamiliar foods in a setting away from mealtimes, providing children with the opportunity to explore the food and develop confidence in trying new foods, ideas, and learning from others.

By engaging in healthy eating activities, children develop a sense of confidence, identity, and connection with the world around them, fostering both physical and emotional growth.



EYLF

Outcome 4:

Children transfer and adapt what they have learnt from one context to another.

Where do tomatoes come from?



Tomatoes grow on a vine



Where do apples come from?



Apples grow on a tree



Where do onions come from?



Onions grow in the ground



Where do carrots come from?



Carrots grow under the ground



Where does cabbage come from?



Cabbage grows above the ground



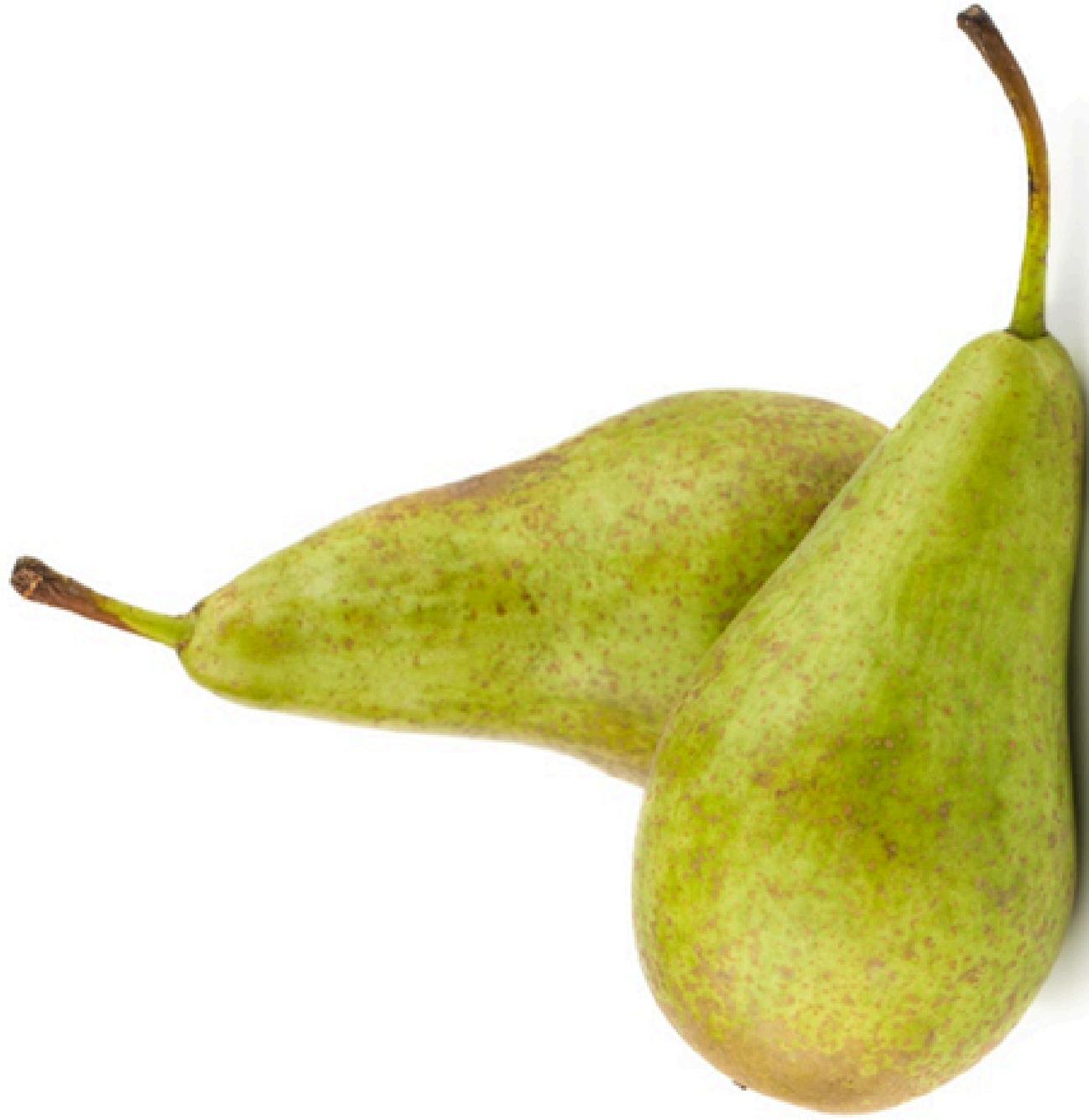
Where does beetroot come from?



Beetroot grows under ground



Where do pears come from?



Pears grow on trees



Where does beef come from?



Beef comes from cows



Where does milk come from?



Milk comes from dairy cows



Milk comes from dairy cows



Where do eggs come from?



Eggs come from hens



Where does lean ham come from?



Lean ham comes from pigs



Where does fish come from?



Fish comes from the sea



Where does bread come from?



Bread is made from wheat

