

International Day of the World's Indigenous People

9 August

Background:

International Day of the World's Indigenous people is held on the 9th of August annually and is celebrated internationally. This day honours and recognises the first meeting of the United Nations Working Group on Indigenous Populations held in Geneva, 1982.

There are an estimated 476 million Indigenous people in the world living across 90 different countries which makes up 5% of the world's population. Within Australia there are almost 800 000 Aboriginal and Torres Strait Islander people making up 3% of Australia's population. This day is an opportunity to celebrate the culture and history of Aboriginal and Torres Strait Islander people and explore the contributions of Aboriginal people to Australia's history.

For more information visit: International Day of the World's Indigenous People

Physical Activity: Taba Naba

Sing along to <u>Taba Naba</u> with The Wiggles and Christine Anu as a group time experience to learn the Torres Strait Islander language and traditional dance moves through song. This activity also explores the bilateral skill of crossing the mid-line.

Healthy Eating: Little Yarns by ABC Kids

<u>Little Yarns</u> is a co-listening podcast series for preschoolers. Ideal for families listening together at home or as a listening resource in early learning centres,

Little Yarns is all about the diverse languages, stories, and Countries of Indigenous Australia.



Refer to the <u>accompanying guide</u> for guidance on how to implement these activities in your service.







