

Close the Gap Day



Background:

There is a significant difference in health outcomes and life expectancy between Aboriginal and Torres Strait Islander peoples and non-Indigenous Australians. National Close the Gap Day aims to bring people together to share information and take meaningful action in support of achieving health equality for First Nations Peoples.

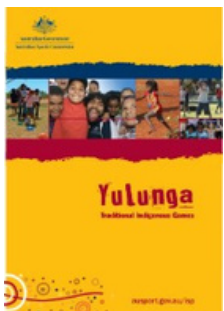
Theme: _____

Date: _____

National Close the Gap Day occurs annually on the third Thursday in March. Add this year's theme and date above.

Below are some activity ideas to help your service recognise this event. You may also choose to adapt these activities to reflect this year's theme. To find out more visit: [Close the Gap Day](#).

Physical Activity: Use Aboriginal games for physical activity



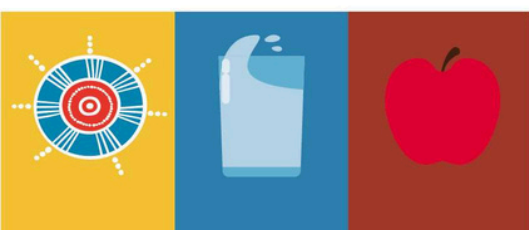
Play a **Yulunga traditional Aboriginal game** every day, for a week, commencing on the National Close the Gap Day.

These activities have been passed down through generations, from Aboriginal and Torres Strait Islander communities throughout Australia.

Go to the **Yulunga traditional Aboriginal games** section on the *Good for Kids* website to find eight games which have been modified for preschoolers.

Healthy Eating: Draw pictures of local Aboriginal foods

To celebrate the National Close the Gap Day, your service might choose to collaborate with local Aboriginal people in the community to learn about local foods. The children can then create their own pictures and display them as an exhibition on Close the Gap Day.



Worimi artist, Lara Went
"The heart of a child"

Good for kids
Good for life

