



Freedom Ride

12 February



Background:

The Freedom Ride took place on 12 February 1965 and involved a group of University of Sydney students who travelled by bus through western and coastal New South Wales. Led by Aboriginal activist Charles Perkins, the campaign was inspired by the global civil rights movement. Its primary aim was to expose and challenge racial discrimination faced by Aboriginal Australians.

The Freedom Ride holds a significant place in Australian history, as it brought national attention to the widespread inequality and disadvantage experienced by Indigenous Australians. It also helped to stimulate broader activism and support for civil rights and social justice.

Today, the Freedom Ride is commemorated each February as a defining moment in the ongoing struggle for equality and justice for Aboriginal Australians.

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For more information visit:

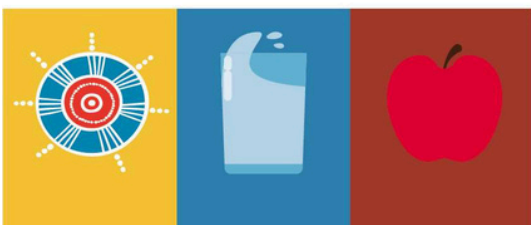
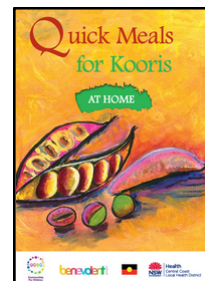
Physical Activity: Re-enact the Freedom Ride

Share stories about the Freedom Ride and then re-enact the journey in an outdoor play setting. Get children to work together to build one or several buses out of cardboard boxes. Create a mud map of the bus ride. For example, the front gate might be Walgett, or the big tree might be Moree, then drive around to the different towns.



Healthy Eating: Draw pictures of local Aboriginal foods

Engage children in a cooking experience from the Quick meals for Kooris cookbook. The children can set the meal tables up to resemble a café, similarly to the ones from the Freedom Ride. Use this time to discuss what foods you are eating and what it means to be sitting together with friends.



Worimi artist, Lara Went
"The heart of a child"

Good for kids
Good for life

