

Close the Gap Day - 16 March



Background:

The aim of National Close the Gap Day is to bring people together to share information and take meaningful action, to support the achievement of Aboriginal and Torres Strait Islander health equality.

For more information visit: [Close the Gap](#)

Physical Activity: Use Aboriginal games for physical activity



Play an Aboriginal game every day, for a week, commencing on the National Close the Gap Day. There are eight Aboriginal Games, adapted from the **Yulunga Traditional Indigenous Games**, in the **Everybody Energiser** cards. These Aboriginal Games can be found on the following cards: 5, 10, 21, 37, 40, 42, 45, 47.

Healthy Eating: Draw pictures of local Aboriginal foods

To celebrate the National Close the Gap Day, your service might choose to collaborate with local Aboriginal people in the community to learn about local foods. The children can then create their own pictures and display them as an exhibition on Close the Gap Day.

Refer to the **accompanying guide** for guidance on how to implement these activities in your service.



Worimi artist, Lara Went
"The heart of a child"

Good for kids
Good for life

