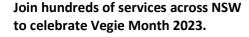
Vegie Month 2023

Registrations are now open!



Vegie Month encourages services to include vegetables into daily programs. Nutrition learning experiences can include experiments, songs, stories, art, discussions, or gardening.

The theme is "Be a Veg Explorer" which is about using the five senses to explore vegetables. Services who register receive an electronic resource pack including an educator manual and recipe eBook.



Vegie Month runs from **Monday 6th to Friday 31st March**. The last week of
Vegie Month includes the Big Vegie
Crunch which is also done in primary
schools.

To register scan the QR code or visit:

https://healthupnorth.info/vegmonth23











