

Menu Review Process

The team at Good For Kids provide FREE menu reviews to assist Munch & Move trained Early Childhood Education and Care services to meet the menu guidelines outlined in the *Caring for Children* manual.

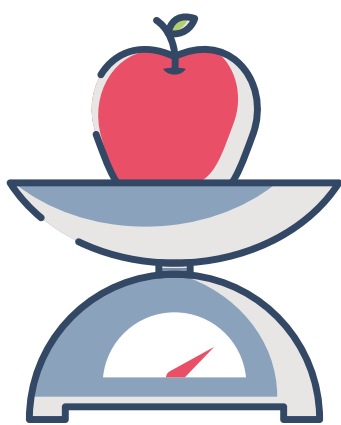
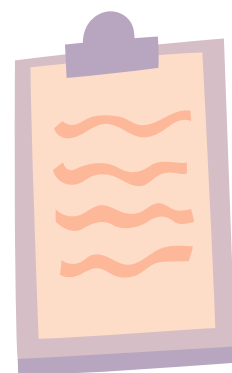
We offer a comprehensive review with detailed feedback once per year, with general support available throughout the year as needed.

Submit Menu

Email a copy of your menu and a completed 'Additional Menu Details' form to your allocated Health Promotion Officer or a member of the Good for Kids team.

HNELHD-GoodForKids@health.nsw.gov.au

STEP 01



Certificate

Once your menu is meeting the guidelines, we will issue you a certificate to display at your service. This certificate acknowledges that you are meeting practice 3 of the *Munch & Move* program.

STEP 02

Review & Report

We will review your menu and email you a copy of the menu review report.

If the menu is assessed as working towards the guidelines, you will have the opportunity to make changes and re-submit the menu for further review.

STEP 03



The menu review is one recommended practice within the Munch & Move program.

Menu reviews will be completed in conjunction with a broader Munch & Move support meeting to review all practices.

We encourage you to submit your menu for review annually, in line with *Munch & Move* best practice.

If you change your menu seasonally we can provide general menu planning support.



Artwork: 'The Heart of a Child'
Worimi Artist Lara Went