

Whole Service Approach



Taking a whole service approach ensures that staff, educators, families and the broader community are involved in supporting fussy eating. Here are some ideas to support your whole of service approach.

Educator collaboration

- Encourage professional development
- Work as a team to collaborate, share thoughts and ideas



Building relationships

- Build relationships between educators, children and cooks
- Involve service cooks in cooking experiences with children
- Harvest produce from vegetable gardens for preschool meals



Community connections

- Build gardens and small farms like a worm farm, at your service. Work with:
 - Local organisations
 - Local communities
- Share produce with communities



Orientation

- Communicate service expectations about healthy eating to
 - Staff e.g. team meetings
 - Families e.g. in newsletter
- Work with families to support children who are experiencing fussy eating

