# **Fussy Eating Webinar**

To access the fussy eating webinar and participation certificate please follow the steps below.

#### **Contact the Good for Kids team**

Email your health promotion officer or email the Good for Kids email at <u>HNELHD-GoodforKids@health.nsw.gov.au</u>. Let us know that you and/or your service would like to watch the webinar.

#### 2 YouTube link

Your health promotion officer will email you a link to the webinar, you can watch the webinar on your own or as part of a group.

### **3** Reflection document

Before watching the webinar, download the Reflection Document.

While watching the webinar, complete the Reflection Document.

After watching the webinar, send the completed Reflection Document back to your health promotion officer or the Good for Kids email.

If you are watching this webinar or completing the reflection document in a group, then you only need to send back one Reflection Document.

You can access the Reflection Document here.





#### 4 Survey and participation certificate

After your health promotion officer receives your survey, they will send you a certificate and a link to the survey.

If you completed this survey as a group, then only one person needs to compete the survey on behalf of the group.

## **5** Good for Kids follow up

Contact your health promotion officer if you would like to further discuss fussy eating in your service.





Artwork: "Heart of a Child" Worimi Artist Lara Went

