

Taking action on National Close the Gap Day



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The aim of National Close the Gap Day is to bring people together to share information and take meaningful action, to support the achievement of Aboriginal and Torres Strait Islander health equality. You can find more information about the National Close the Gap Day on this [link](#).

Early Education and Early Childcare (ECEC) Services play an important role in closing the health gap, not just through the Munch and Move program, but also more broadly.

To understand the best way to acknowledge this day, work with your staff, children attending your service, their families and significant community members. Of particular importance is working with Aboriginal children, families and communities.

The Good for Kid's team have a couple of suggestions to acknowledge the the National Close the Gap Day. These suggestions promote healthy eating and physical activity, and do so by embedding Aboriginal perspectives. Remember to work with local Aboriginal people to ensure the following activities (or others) are authentic and have meaning.

Activity 1 - Host a National Close the Gap Day

To celebrate the National Close the Gap Day, your service might choose to do a number of activities on the [ANTaR website](#), such as:

- Create a banner, mural, or artwork
- Create an exhibition with children's art and photos.

Activity 2 - Use Aboriginal games for physical activity

Play an Aboriginal game every day, for a week, commencing on the National Close the Gap Day. There are eight

[Aboriginal Games](#), adapted from the [Yulunga Indigenous Games](#), in the [Everybody Energiser cards](#).

These Aboriginal Games can be found on the following cards: 5, 10, 21, 37, 40, 42, 45, 47.



Artwork: 'Heart of a child'
Worimi Artist Lara Went