



# WHAT WE ARE UP TO IN TERM 1, 2022



Welcome to Term 1, 2022.

We have an exciting term planned and you can expect:

1. To receive weekly emails containing Munch & Move resources.
2. The launch of a Good for Kids Facebook Page, designed for services to share Munch & Move resources with families.
3. More information relating to Munch & Move policies, which includes Round 2 of the Lucky Draw Prize .
4. An invitation for the Healthy Menu Planning Workshop and/or Vegetable Month.
5. Individual service support to facilitate the implementation of Munch & Move.

Finally, don't forget to use our **Good for Kids website**, which contains many Munch & Move resources .

## Upcoming Events

- **Mar 21 & 28** Healthy Menu Planning Online Workshop.  
(2 interactive webinars)
- **Mar 7 - Apr 1** Vegetable Month.
- **Apr 8** Lucky Door Prize.  
(Round 2 closes)

## Significant Dates

- **Feb 7-12** Healthy Lunchbox Week.
- **Feb 12** The Freedom Ride.
- **Feb 13** Anniversary of National Apology Day.
- **Mar 19** National Close the Gap Day.
- **Mar 21** Harmony Day.
- **Mar 22** World Water Day.



Artwork: "Heart of a Child" Worimi Artist Lara Went



**Health**  
Hunter New England  
Local Health District

