

# Health Promoting Schools 2022 Events

Term1

Healthy Lunch Box Week



6 - 12 February

World Oral Health Day



15 - 19 March

Harmony Week

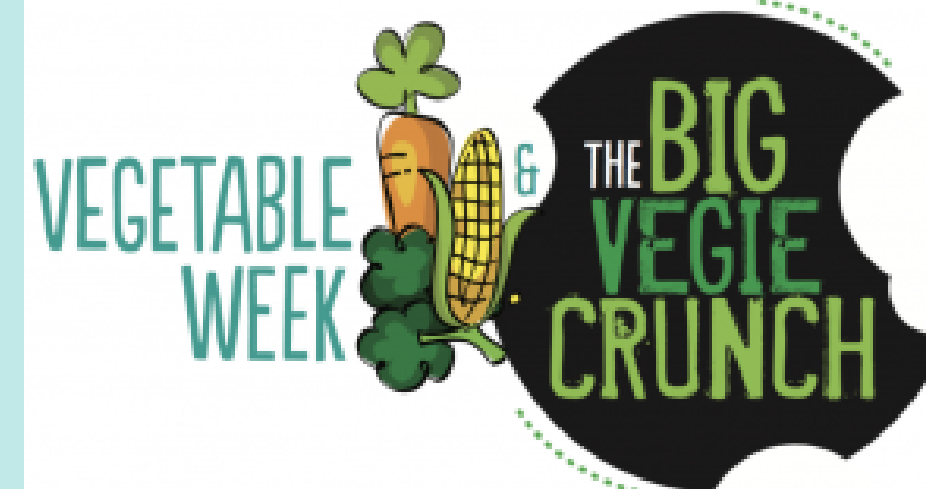


21 - 25 March

National Ride2School day



25 March

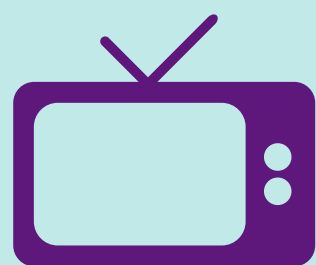


28 March - 1 April

31 March

Term2

Screen Free Week



2 - 8 May



20 May

Road Safety Week



15- 22 May



3 - 10 July

Term3

NSW Premiers Sporting Challenge



10 week challenge

Dental Health Week



1 - 7 August



22 August - 16 September

**RUOK?**  
A conversation could change a life.

9 September

## Good for Kids, Good for Life

supports primary schools to develop **whole school strategies** to get students more active more often and to develop healthy eating habits.

Everyone has a role to play - contact your Health Promotion Officer for more information:

[HNELHD-GoodForKids@health.nsw.gov.au](mailto:HNELHD-GoodForKids@health.nsw.gov.au)

Term4

National Nutrition Week



9 - 15 October

Click each event for more information. You can scan the QR code to open the calendar on your phone.  
\*Please monitor event websites to stay up to date with event dates and details



© Lara Went - "The heart of a child"

**Good for kids**  
good for life

