



WHAT ARE WE UP TO IN TERM 4?

Welcome to Term 4

This term we are focusing on bringing all of the Munch & Move key messages together in the topic: **Make It Happen**

This term we will work with you to:

1. Review, develop and/or implement relevant Munch & Move policies in your service.
2. Create relevant Munch & Move goals in your QIP or self-assessment plans.

KEY DATES

Zoom drop-in sessions:

Get targeted support for your service's policies, procedures and guidelines related to Munch & Move on:

- Tuesday 2nd November 2pm-3pm
- Thursday 11th November 10am-11am

Other key dates:

- National Nutrition Week (10th-16th October)
- Food Safety Week (13th-20th November)
- World Children's Day (20th November)

Lucky Door Prize

This term we are holding a lucky door prize for services who have relevant policies that include Munch & Move's key elements.

Prizes will be vouchers from HART Sport Australia valued at either \$500.00 or \$100.00.

For more information [click here.](#)



Artwork: "Heart of a Child" Worimi Artist Lara Went

Good for kids
good for life 



Health
Hunter New England
Local Health District