



# WHAT ARE WE UP TO IN TERM 2?

Welcome to Term 2! This term we're focussing on the **Move** key message: get active each day.

Each week we'll be promoting a fundamental movement skill (FMS) of the week – why not join in at your service? Take some time to familiarise yourself with FMS using the FMS lanyard cards at your service, [FMS posters](#), or the [Fun Moves videos](#). To get us started, the first FMS of the week is [run](#)!

We'll also suggest some games to help children practice FMS. This week, try playing the tag game [birray](#) from Yulunga Traditional Indigenous Games.

## KEY DATES:

- Nature Play Week (14th – 25th April)
- Play Outside Day (1st May)
- Outdoor Classroom Day (20th May)
- National Sorry Day (26th May)
- National Reconciliation Week (27th May – 3rd June)
- NAIDOC Week (4th – 11th July)
- Tokyo Olympics (23rd July – 8th August)

## Upcoming Events

- Physical Activity and FMS webinar (via Zoom)
  - 3rd May, 5:30-7pm
  - See the invitation [here](#)
  - Register [here](#)
- [Healthy Menu Planning Online](#) webinars
  - Click [here](#) to see the schedule and to register

For further event dates, please visit the [events page](#) on our website!



Artwork: "Heart of a Child" Worimi Artist Lara Went



**Health**  
Hunter New England  
Local Health District