

GOOD FOR KIDS PRESENTS...

Webinar: Physical activity and fundamental movement skills



Monday 3rd May, 5:30–7:00 PM
Delivered via Zoom
Register [here](#) by 30th April

This webinar will explore the Munch & Move key message 'get active each day', the Australian 24-Hour Movement Guidelines for the Early Years (Birth to 5 years), and the 13 fundamental movement skills. The webinar will include a mix of videos, practical activities, and game ideas to use in your service. The webinar is recommended for educators of 3–5 year olds.



Health
Hunter New England
Local Health District



Artwork: 'The Heart of a Child'
Worimi Artist Lara Went

Good for kids
good for life

