

RAINBOW VEGETABLE KEBABS



Prep time: 10 minutes

No cooking required

Ingredients

- 1 cucumber, cut into 1cm thick rounds
- 1 red capsicum, cut into 3cm pieces
- 1 green capsicum, cut into 3cm pieces
- 1 punnet cherry tomatoes
- 1 carrot, cut into 1cm thick rounds
- 1/2 cup reduced fat cheese, cut into 2cm cubes
- wooden skewers

Method

1. Thread 1 piece of each vegetable and 1 piece of cheese onto each skewer.
2. Repeat until there are no vegetables or cheese remaining.

