

# FRUIT KEBABS



Prep time: 5 minutes

No cooking required

## Ingredients

- 14 blueberries
- 14 pineapple pieces
- 14 mandarin segments
- 7 strawberries, halved
- 14 kiwi fruit pieces
- 14 grapes
- 7 wooden skewers

## Method

1. Thread two pieces of each fruit onto the wooden skewer. Repeat with the remaining six skewers.

Note: any fruit will work well. Choose the fruit your child likes best and what is in season. You can have as many or as little varieties of fruit as you like. Our other top choices include raspberries, rockmelon, watermelon and orange.

