

## **Rainbow Veggie Kebabs**

### Ingredients:

- Cucumber rounds
- Red capsicum pieces
- Green capsicum pieces
- Broccoli florets
- Cherry tomatoes
- Carrot rounds
- Cheese (optional)

### Method:

1. For each veggie kebab, thread one of each vegetable onto the skewer. Repeat for each skewer.

### Note:

- Choose your child's favourite vegetables to ensure they will eat the kebabs.