



# Mealtime Conversation Cards

Print

Cut along dotted line

Choose a card & get talking!



'The heart of a child'  
by Worimi Artist  
Lara Went

Good for kids  
Good for life

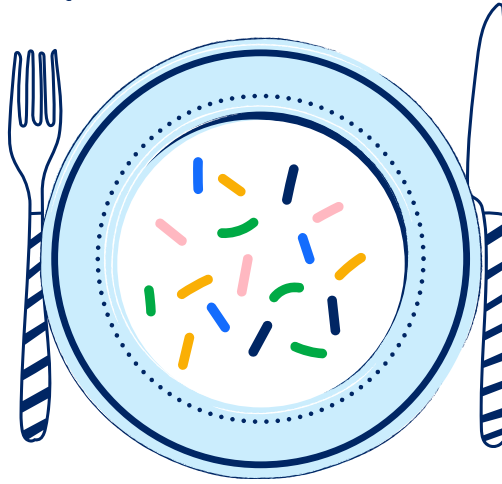


What colour is your plate?

What shape is  
your plate?



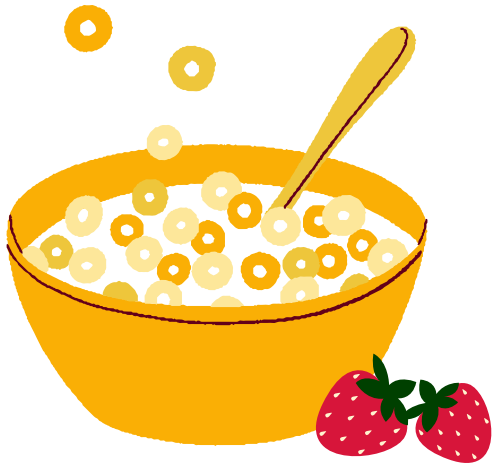
What colours can you see  
on your plate?



Eye spy with my little eye  
(food on plate or table)

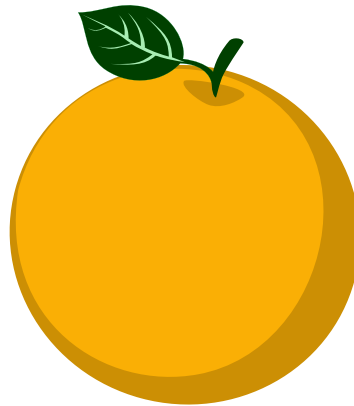


What do you like to eat  
for breakfast?

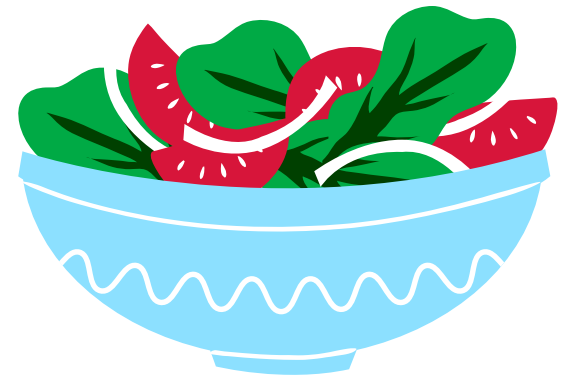


What shape is an orange?

What else is this  
shape?

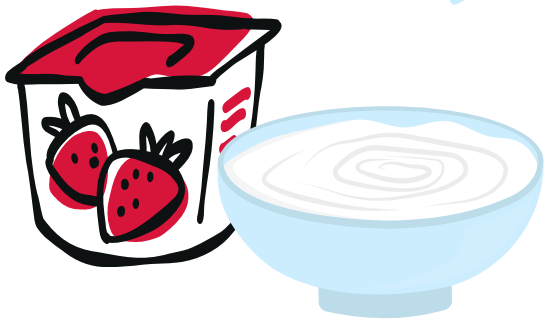


If you were making a salad,  
what would you put in it?

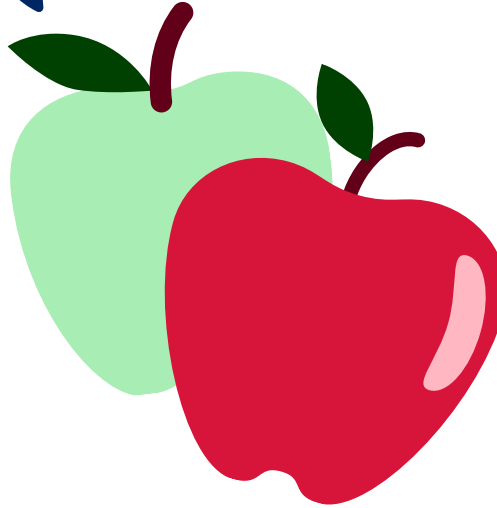


Is yoghurt hot or cold?

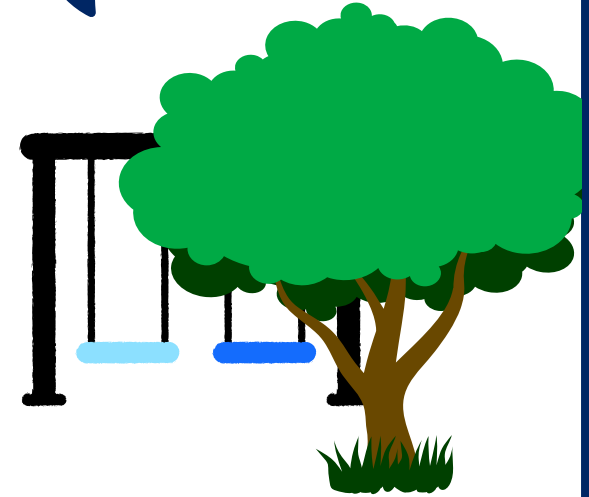
What is yoghurt  
made from?



Do you like red apples or  
green apples?



What's your favourite outside  
activity?

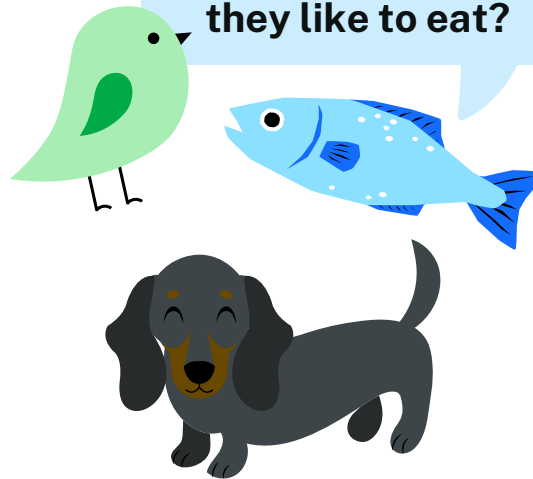


If you could have a super  
power, what would it be?



What is your favourite  
animal?

Do you know what  
they like to eat?

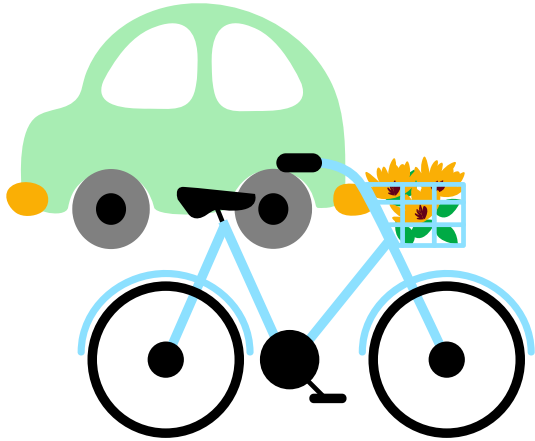


What game/s do you  
want to play after lunch?

What's your  
favourite game?



How did you get to school/care today?

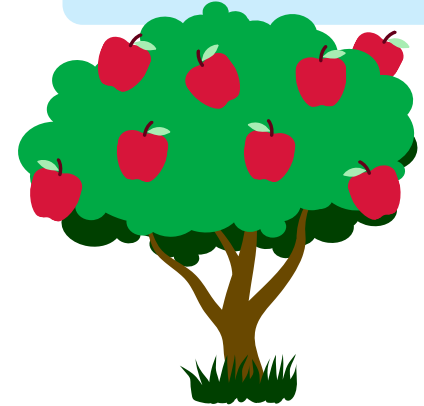


If you had your own restaurant, what food would you cook?



Where does <insert food> come from?

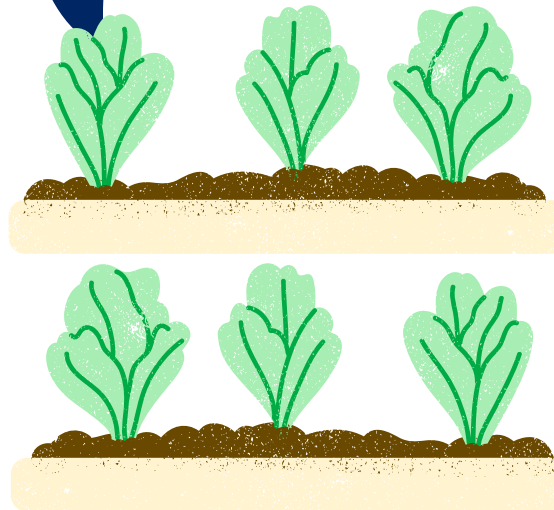
Where is the food grown?  
How is the food made?



Where country/cuisine is this meal/dish/food from?



Do you grow any foods in your garden at home?



If you had a farm, what animals would you have?



What does <insert food>  
look like?

What colour is it?  
What shape is it?  
What size is it?



What does <insert food>  
smell like?

Is it a strong smell?  
Is it sweet or fruity?  
Does it remind you of  
anything?



What does <insert food> sound  
like when you take a bite?

Is it loud?  
Is it crunchy?



What does <insert food>  
feel like?

Is it dry/wet?  
Is it hot/cold?  
Is it smooth/bumpy?  
Is it hard/soft?



What does <insert  
food> taste like?

Is it a strong taste?  
Is it sweet?  
Is it sour?



What's the biggest  
food on your plate?

What's the smallest  
food on your plate?

