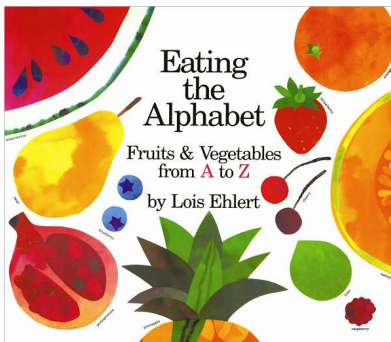




Vegetable Storybooks for Children

Veggie packed storybooks are a great way to teach young children about this nutritious food group and can encourage them to give new varieties a try!

The books listed in this resource are available from [Goodreads](#).



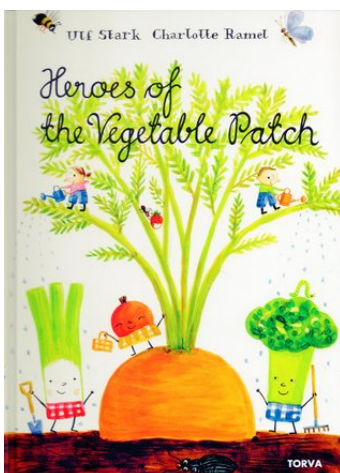
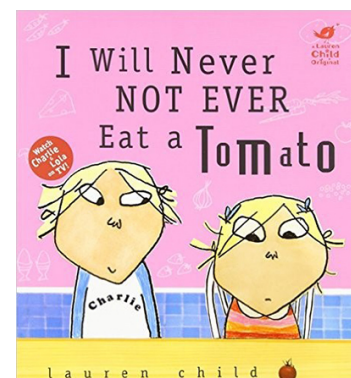
Eating the Alphabet: Fruits & Vegetables from A to Z

Lois Ehlert

I Will Never Not Ever Eat a Tomato

Lauren Child

Reading tips and activities are available [here](#).



Heroes of the Vegetable Patch

Ulf Stark



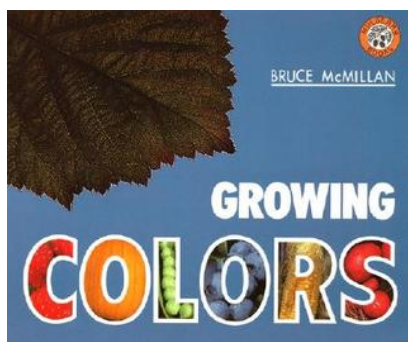
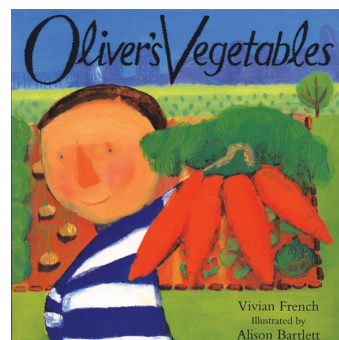
Eat Your Colors

Amanda Miller

Oliver's Vegetables

Vivian French

A reading of this book is available [here](#).

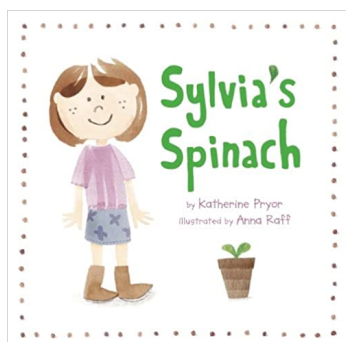
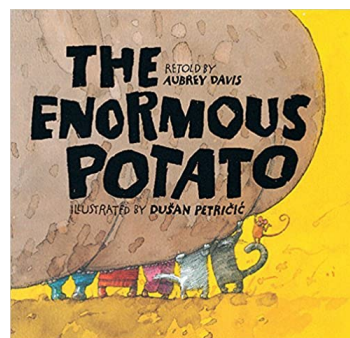


Growing Colors

Bruce McMillan

The Enormous Potato

Aubrey Davis



Sylvia's Spinach

Katherine Pryor

A reading of this book is available [here](#).

Reading tips and activities are available [here](#).

The Vegetables We Eat

Gail Gibbons

Reading tips and activities are available [here](#).

