How to use the policy kits

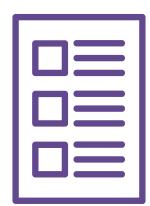
The policy kits are designed to help your service update your policies in line with Munch & Move recommendations. The team at *Good For Kids* are happy to review your policy

and provide feedback! Email us at:

HNELHD-GoodForKids@health.nsw.gov.au

Do you already have the policy?





Use the **policy checklist** to review your policy and Munch check if it contains the & Move recommended elements.

No

Use the **policy templates** to develop the policy. Instructions for use are included within the document.

If you are unable to implement a new policy or edit an existing policy, can you develop a procedural document or guideline instead? The policy insert can be used for this.

I have reviewed my policy. What do I do next?

Does your policy include all of the Munch & Move recommended elements?

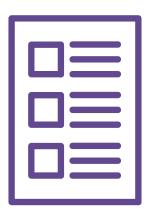
Yes

Congratulations! Your service's policy meets the Munch & Move recommendations!

No

Try placing the policy insert into your existing policy. Instructions for use are included within the document.

The policy meets *Munch & Move* best-practice!



Congratulations! You have achieved one of the Munch & Move program practices!

Please send your completed policy checklist to your support officer or to Good For Kids (email address above) to let us know about your best-practice policy.

Certificate

In Term 4 2021 we will be issuing a certificate to services who have met Munch & Move recommendations for all 4* policies!

*Breastfeeding policy is only required for services with children under 12 months of age





