



Tic Tac Toe (aka O's and X's)

Purpose:

This is a fun, energetic, and problem solving physical activity and promotes teamwork amongst the students.

Equipment required:

- 9x hoops (per 2 teams)
- 2x cones (1 per team)
- 3x tennis balls (or bean bags or basket balls per team)

Procedure:

1. Set up 9 hoops into a square grid.
2. Small teams of 4 – 6 students are organised.
3. Each team lines up in order behind the cone holding a ball or bean bag.
4. Students are asked to move quickly to the hoops in different locomotor ways. Once at the hoop they place their ball into an empty hoop, then return to their team.
5. The first team to have all three balls in a row win the game.
6. Rotate the teams so that teams are playing against other teams throughout the lesson.