



Good for kids
good for life

Date: _____

Let's work together to make it easier for children to make healthy choices!
There were lots of great choices in this lunchbox however

do not fit with our service's nutrition guidelines.
For some healthier lunchbox ideas, ask an educator,
or go to the Good for Kids website.

www.goodforkids.nsw.gov.au/parents/handy_info

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